

Our Vision

The N'Swakamok Indigenous Friendship Centre is a wholistic, healthy Indigenous community centre which promotes culture, language and well-being in a balanced way.

Aims & Objectives

To provide a medium for the meeting of Native and non-Native people and the development of mutual understanding through common activities.

To stimulate and assist Native self-expression and the development of Native leadership by providing assistance in the implementation of programmes and services which provide opportunities for Native people to improve their social and economic status.

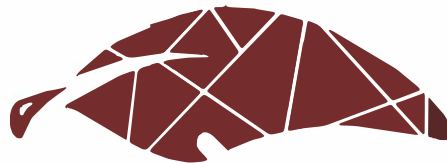
To assist and encourage the study of Native needs and the planning of services with Native people in both public and private agencies.

Our History

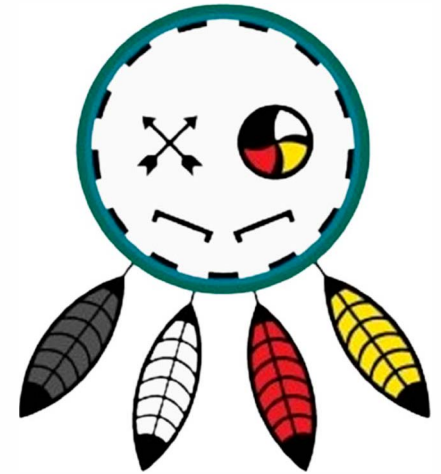
For over 50 years, N'Swakamok Indigenous Friendship Centre has served the Greater Sudbury Community.

Our Mission

N'Swakamok Indigenous Friendship Centre is committed to preserving language and culture, enhancing quality of life and empowering family and community by providing supports, services and partnerships for the Aboriginal community in an urban setting



OFIFC



N'Swakamok Indigenous Friendship Centre

110 Elm Street
Sudbury, ON
P3C 1T5

Phone: (705) 674-2128

Fax: (705) 671-3539

nfcsudbury.org

Office Hours

Monday to Thursday

8:30 am to 4:30 pm

Friday

8:30 to 2:30

Summer hours

Monday to Thursday

8:00 am to 4:00 pm

Friday

8:00 to 2:30 (June)

8:00 to 12:00 (July, August)

Friendship Centre Programs

Community & Justice Programs

Aboriginal Courtwork

Provides assistance to Indigenous people who are in conflict with the law.

Aboriginal Family Courtwork

Assists with family law including child protection, adoption, cases involving decision-making responsibility, parenting time, contact and support cases.

Drug & Alcohol

Provides support to address alcohol and substance abuse within the community

Aboriginal Homelessness & Housing Support

Provides support for Indigenous homeless or those at-risk of becoming homeless

Ending Violence Programs

Cultural Resource

Provides support and cultural knowledge for the community in order to foster a strong sense of well-being and positive Indigenous identity.

Healing and Wellness

Provides culture based programming with the goal to reduce family violence and to promote healthy lifestyles.

Kizhaay Anishinaabe Niin

I am a Kind Man

Programming directed towards Indigenous men and boys, to educate and promote positive Indigenous identity to end violence towards Indigenous women and girls.

Children & Youth Programs

Aboriginal Prenatal Nutrition Program *(Prenatal to 1)*

Provides community based education and health related programming for Aboriginal women whom are expecting or have young children.

Indigenous Healthy Babies, Healthy Children *(Prenatal to 6)*

Combines traditional and mainstream programs to improve Indigenous health and reduce family violence in Indigenous families.

Community Action Program for Children (CAP-C) *(0-6)*

Provides support for urban Indigenous families with group and individual activities through cultural and mainstream programming

Akwe:Go *(7-12)*

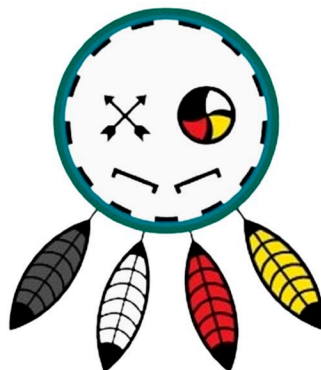
Designed for at risk Indigenous Children this program takes a holistic approach and incorporates cultural teachings to promote a healthy and balanced lifestyle.

Wasa-Nabin *(13-18)*

Improves the quality of life of at-risk urban Indigenous youth through culturally appropriate services and programs.

Youth in Transition *(16-24)*

Supports successful transition of Indigenous youth out of the child welfare system towards adulthood.



Health & Wellness Programs

Urban Aboriginal Healthy Living

Provides programming for community members to improve their physical and cardiovascular health; as well as, developing healthy lifestyles.

Healthy Kids

Provides education on healthy eating and increasing physical fitness levels for children, youth and families..

Life Long Care

Provides support and services to help the elderly, disabled, or chronically ill, urban Indigenous population, to live a full and independent life.

Children's Mental Health

To build constructive, community-based relationships and support networks between children with emotional or behavioral difficulties and their families, teachers, and other caregivers.

Translation Program

Ensures successful communication with other agencies for individuals who need translation services.

Education & Employment Programs

Alternative Secondary School

Holistic and culturally inclusive educational program for all Indigenous peoples working towards their secondary school diploma.

Apatisiwin Employment & Training

Assisting people (over 15) in identifying and securing employment through education & training.