

N'Swakamok Indigenous Friendship Centre encourages the team work of staff and volunteers.

All staff summer students and volunteers working with the Life Long Care Program are required to provide a Police Reference Check.

Transportation services are only available to Life Long Care Clients.

To inquire as to whether you qualify for our program, contact one of the Life Long Care Support Workers for more information.

Funded by the Ministry of Health & Long Term Care.



**Contact:**

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**N'Swakamok Indigenous  
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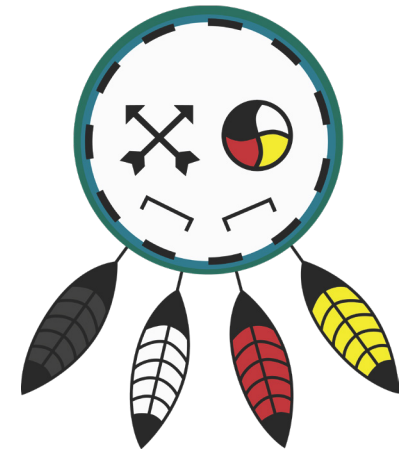
Phone: (705) 674-2128  
Fax: (705) 671-3539

[www.nfcsudbury.org](http://www.nfcsudbury.org)

**Hours**

Monday - Thursday  
8:30 to 4:30  
Friday  
8:30 to 2:30

# Life Long Care



**N'Swakamok Indigenous  
Friendship Centre**

## **Background**

Consultations were held between the off-reserve Aboriginal community, Ministry of Community and Social Services. Provisions were made to design and implement Aboriginal based life long care services for those people who are: frail, vulnerable and at risk Seniors/Elders, Disabled and Chronically ill.

The Ontario Federation of Indian Friendship Centres (OFIFC) entered an agreement with the province to provide life long care services through Friendship Centres of Ontario.

Subsequently, the N'Swakamok Indigenous Friendship Centre (NNFC) signed an agreement with the OFIFC to administer and deliver services under the Life Long Care Program. We have two Care Support Workers.

## **What is the Life Long Care Program?**

Life Long Care is funded by the Ontario Ministry of Health and Long Term Care, through the Ontario Federation of Indian Friendship Centres. Referrals are made to programs and services intended for Aboriginal people who are in need of non-hospital based care. Programs and Services are designed to meet the physical, mental, emotional and spiritual needs of people who require:

- Care
- Support
- Information
- Service referrals
- Health education
- Extended support system

## **Services we offer**

The goal of the N'Swakamok Indigenous Friendship Centre Life Long Care Program is to identify and assess the life long care needs of Aboriginal peoples within our Urban Community by providing the support and services necessary to live a full and independent life.

- Congregate dining
- Friendly Visiting
- Security Reassurance
- Aboriginal Support Service
- Transportation

## **Who Is Eligible:**

Access to the Life Long Care Program is available to Aboriginal Members of our Community who are Frail, Vulnerable and at-risk seniors/ Elders, Disabled and Chronically ill.