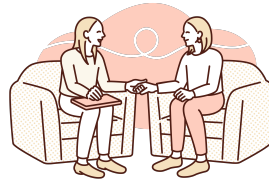
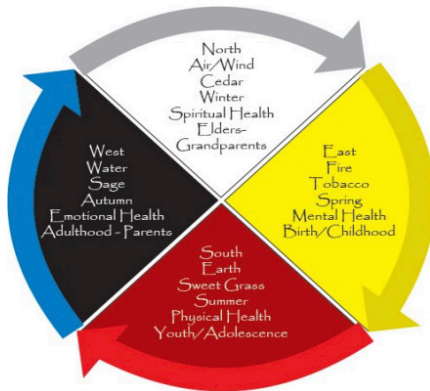


Important Numbers

Connex
Drug and Alcohol Helpline
1-800-565-8603

Problem Gambling Help Line
1-888-230-3505

Health Sciences North
Crisis Intervention Program and Mobile
Team
705-675-4760
or
1-877-841-1101



Every Wednesday
Women's Sharing Circle
6 pm to 7 pm with
Healing & Wellness

Contact:

Ashlee Larabie
Drug & Alcohol Coordinator

nfcdaap@nfcsudbury.org

**N'Swakamok Indigenous
Friendship Centre**
110 Elm St
Sudbury, On
P3C 1T5

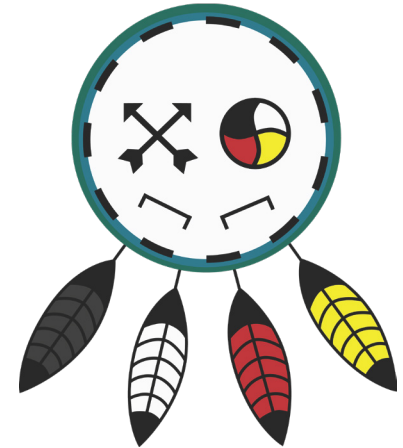
Phone: (705) 674-2128
Fax: (705) 671-3539

www.nfcsudbury.org

Hours

Monday - Thursday
8:30 to 4:30
Friday
8:30 to 2:30

Drug & Alcohol Program



**N'Swakamok Indigenous
Friendship Centre**

The Circle Meeting

The purpose of the weekly Circle Group meetings are to provide knowledge and understanding about Native Culture and its Traditions.

Our focus is to develop a life-style free of alcohol and drugs. This lifestyle will help strengthen our sobriety through the sharing of our experiences and hopes for a better way of life.

Elders, guest speakers and pipe carriers are invited to come in and share their knowledge, wisdom, and understanding about Native ways and the negative impact that alcohol and drugs have on the mind, body, and spirit.

History

The Drug and Alcohol Program was established in March 1985.

The Native Community saw a need for a drug and Alcohol Worker. This person would assist the Native people with their issues arising from their addictions.

The Worker would also assist individuals by helping them rebuild their lives by gaining their cultural identity, dignity, respect and traditional knowledge.

Services

The Drug and Alcohol Program provides the Native Community with services such as:

- One on one assessments and support for both adults and youth
- Follow-up treatment
- Referrals to withdrawal management, recovery homes and rehabilitation/ treatment centres.
- Utilization of all self-help groups such as: A.A., Spiritual and Cultural Circle Groups.
- Home, hospital and jail visits upon requests

