

Mission Statement

N'Swakamok Indigenous Friendship Centre is committed to preserving language and culture, enhancing quality of life and empowering family and community by providing supports, services and partnerships for the native community in an urban setting.

Vision Statement

The N'Swakamok Indigenous Friendship Centre is a holistic, healthy Native community center which promotes culture, language and well-being in a balanced way.



Contact:

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Children's Mental Health Worker

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N'Swakamok Indigenous Friendship Centre

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Hours

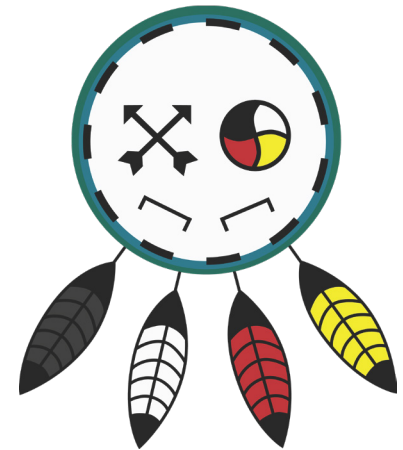
Monday - Thursday

8:30 to 4:30

Friday

8:30 to 2:30

Children's Mental Health Program



N'Swakamok Indigenous Friendship Centre

Children's Mental Health Program Aim:

The Children's Mental Health Program Aim is to ensure that at-risk and high-risk children and their families that require supportive mental health resources have access to culturally sensitive, healthy and/or holistic healing activities and services.

At Risk refers to children or youth who are dealing with many risk factors. Children and youth may become "High Risk" if the challenges are numerous and the challenges are ongoing.



Children's Mental Health Program provides services and support to children (ages 7-15) and their families that address behavioral and mental health needs. The Program offers a "wraparound" approach to provide services that build community-based relationships and support networks between children and their families, teachers, and other caregivers.

Highlights of the program

- Referrals to Tele-Mental Health Tele psychiatry
- Intake & assessments
- Counseling to assist with coping strategies
- Therapeutic group services such as children's circles, & healing circles
- Safety Planning
- Service Navigation
- Crisis Intervention
- Advocacy
- Referrals to appropriate services for families and children
- Public education about violence,
- Addictions and Children's Mental Health
- Community and cultural events
- Open traditional ceremonies