

The Wasa-Nabin Program

This program is designed for at risk urban Aboriginal children who are from the ages of 13-18 years. The activities of the program will focus on:

- Provision of social supports
- Outreach to youth in care
- Promotion of health and physical development
- Support of educational services
- Support anti-violence techniques

The goal of the Wasa-Nabin program is to provide urban Aboriginal children with the support, tools and healthy activities which will build upon and foster their inherent ability to make healthy choices.

This program has been designed based on the fundamental principle of:
Improving the quality of life of urban Aboriginal children through the delivery of culturally appropriate programs and service.

For further information or to register
you may contact:

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Wasa-Nabin Program Coordinator

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FUNDED THROUGH:

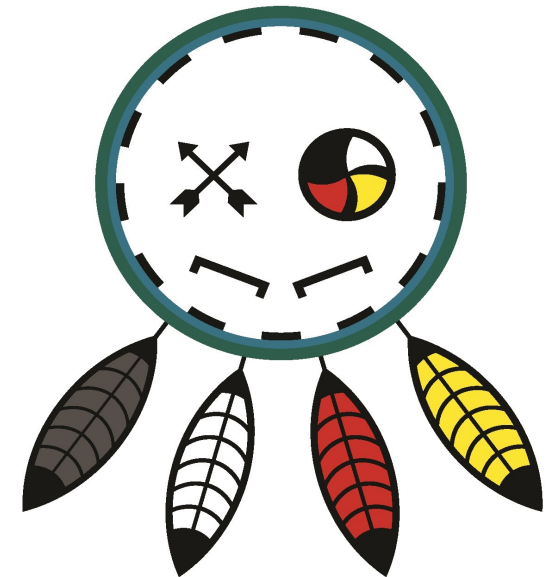
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WASA-NABIN PROGRAM



**N'SWAKAMOK
NATIVE
FRIENDSHIP
CENTRE**

Wasa-Nabin Programs and Services

Child

- After-school programs
- Cultural crafts
- Tutoring
- Peer support
- Outdoor activities
- Referrals to community resources and agencies
- Personalized plan of action for each youth

Family

- Referrals to programs for parents
- Community kitchen (bi-weekly)
- Parenting (as requested)
- Parent support circle (monthly)
- Family outing (bi-weekly)
- Provide support as needed
- Public awareness and community outreach through events and local agencies

Programming will include:

- Peer tutoring
- Peer mentoring
- Drumming circles
- Recreational outings
- YMCA participation
- Games night
- Addressing Self-Esteem Issues
- Confidence building
- Bullying workshops
- Negative effects of drugs and alcohol

Referrals

- Aboriginal Children's Wellness Strategy Program
- Aboriginal Prenatal Nutrition Program
- Aboriginal Family Support Program Cap-C
- Healthy Babies Program
- Healing and Wellness Program
- Eshkiniijig Circle
- *Aboriginal Housing Outreach*
- Nokiiwin Employment Services
- N'Swakamok Alternative School
- Native Drug and Alcohol Program
- Native Court Worker Program
- Community Support Program
- Akwe:Go Program
- Urban Aboriginal Healthy Lifestyles
- Other community agencies