

KIZHAAY
ANISHNAABE NIIN
(I AM A
KIND MAN)

*Uses the Seven
Grandfather teachings as a
guide to healthy living:*

Nbwaa kaa win: *To
cherish knowledge is
to know Wisdom*

Zaa gid win: *To know
Love is to know peace*

Aak de he win: *Bravery
is to face the foe with
integrity*

Gwe kwaad zi win:
*Honesty is to practice
fairness*

Dbaa den di zin:
*Humility is to know
yourself as a sacred
part of Creation*

De bwe win: *Truth is to
know and live all of
these things*

*"A nation is not conquered
until the hearts of its
women are on the ground.
Then its finished; no
matter how brave its
warriors or how strong
their weapons." Cheyenne
Proverb*

Kind Men **respect** and **honour** women
Kind Men **respect** and **honour** men
Kind Men **respect** and **honour** all that
is Sacred

For more information contact

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*Is to reconnect men to their
traditional and cultural
duty as protectors of women
and children and to live a
Mino-Bimaadziwin
(Good Life)*

PROGRAM GOALS

The overall purpose of the Kizhaay Anishnaabe Niin program is to engage men in ending all forms of violence towards Indigenous women.

PROGRAM OBJECTIVES

Reclaim and revitalize men's responsibility to end violence towards Indigenous women

Ensure access to Indigenous culture and values and increase understanding of traditional roles and responsibilities based on local Indigenous knowledge

Increase resilience by empowering men to acknowledge and resolve trauma

Improve men's wellbeing and foster overall community wellness

"The woman is the foundation on which nations are built. She is the heart of her nation. If that heart is weak, the people are weak. If her heart is strong and her mind is clear, then the nation is strong and knows its purpose. The woman is the centre of everything." Late Elder Art Solomon

DIRECT SUPPORTS

Provide culture-based men's programming that promotes healing, conflict resolution, skill building and alternative to violence

Facilitate programming within correctional institutions and the provision of reintegration support for men and male youth involved in the justice system

Encourage healthy, violence-free lifestyles through the provision of educational supports and the establishment of a supportive, peer-led learning environment.

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Is a supportive, holistic model for community healing and can be easily adapted to fit different communities' specific needs.

COORDINATION

The coordination of local community events to promote Indigenous men's roles in ending violence perpetrated against Indigenous women and girls.

Create opportunities for Indigenous men and youth aged males to engage with Elders, Traditional people, cultural and land based activities as a component of programming.

The referral of participants to appropriate counselling and treatment services in instances where mental illness and substance abuse are identified as issues of concern by the participant.

Support the creation of healing circles, peer support networks and self-help processes to assist in men's healing, positive identity development, learning alternative approaches to child discipline and intimate partner conflict resolution strategies.

PROGRAM ACTIVITIES

One to one supports

Group based services

Participant bases activities

Networking and Partnership building activities

Community Engagement Advocacy, support Justice related

Individual/Family Support

Referrals to other Friendship Centre programs

Workshops/Presentations

Information sessions