KIZHAAY ANISHNAABE NIIN (I AM A KIND MAN)

Uses the Seven Grandfather teachings as a guide to healthy living:

Nbwaa kaa win: To cherish knowledge is to know Wisdom

Zaa gid win: To know Love is to know peace

Aak de he win: Bravery is to face the foe with integrity

Gwe kwaad zi win: Honesty is to practice fairness

Dbaa den di zin: Humility is to know yourself as a sacred part of Creation

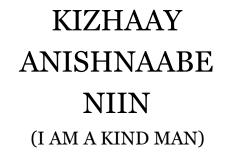
De bwe win: Truth is to know and live all of these things

"A nation is not conquered until the hearts of its women are on the ground. Then its finished; no matter how brave its warriors or how strong their weapons." Cheyenne Proverb Kind Men **respect** and **honour** women Kind Men **respect** and **honour** men Kind Men **respect** and **honour** all that is Sacred

For more information contact

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Is to reconnect men to their traditional and cultural duty as protectors of women and children and to live a Mino-Bimaadziwin (Good Life)

PROGRAM GOALS

The overall purpose of the Kizhaay Anishnaabe Niin program is to engage men in ending all forms of violence towards Indigenous women.

PROGRAM OBJECTIVES

- Reclaim and revitalize men's responsibility to end violence towards Indigenous women
- Ensure access to Indigenous culture and values and increase understanding of traditional roles and responsibilities based on local Indigenous knowledge
- Increase resilience by empowering men to acknowledge and resolve trauma
- Improve men's wellbeing and foster overall community wellness

"The woman is the foundation on which nations are built. She is the heart of her nation. If that heart is weak, the people are weak. If her heart is strong and her mind is clear, then the nation is strong and knows its purpose. The woman is the centre of everything." Late Elder Art Solomon

DIRECT SUPPORTS

- Provide culture-based men's programming that promotes healing, conflict resolution, skill building and alternative to violence
- Facilitate programming within correctional institutions and the provision of reintegration support for men and male youth involved in the justice system
- Encourage healthy, violence-free lifestyles through the provision of educational supports and the establishment of a supportive, peer-led learning environment.

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Is a supportive, holistic model for community healing and can be easily adapted to fit different communities' specific needs.

COORDINATION

- The coordination of local community events to promote Indigenous men's roles in ending violence perpetrated against Indigenous women and girls.
- Create opportunities for Indigenous men and youth aged males to engage with Elders, Traditional people, cultural and land based activities as a component of programming.
- The referral of participants to appropriate counselling and treatment services in instances where mental illness and substance abuse are identified as issues of concern by the participant.
- Support the creation of healing circles, peer support networks and self-help processes to assist in men's healing, positive identity development, learning alternative approaches to child discipline and intimate partner conflict resolution strategies.

PROGRAM ACTIVITIES

One to one supports Group based services Participant bases activities Networking and Partnership building activities Community Engagement Advocacy, support Justice related Individual/Family Support Referrals to other Friendship Centre progams Workshops/Presentations Information sessions