N'Swakamok Native Friendship Centre encourages the team work of staff and volunteers.

All staff summer students and volunteers working with the Life Long Care Program are required to provide a Police Reference Check.

Transportation services are only available to Life Long Care

Clients.

To inquire as to whether you qualify for our program, contact one of the Life Long Care Support Workers for more information. Funded by the Ministry of Health & Long Term Care.



For further information contact:

**Tony Tyson** Email: llc@nfcsudbury.org

Nichole Cole

Email: lifelongcare@nfcsudbury.org



N'Swakamok Native Friendship Centre 110 Elm Street Sudbury, Ontario

Phone: (705) 674-2128 Fax: (705) 671-3539

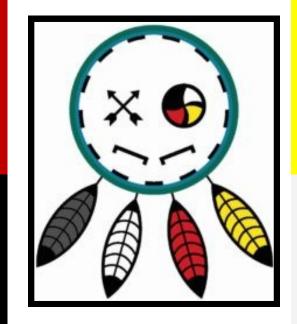
# Hours:

Monday– Friday 9:00AM– 5:00PM

**Summer Hours:** 

8:00AM-4:00PM

# Life Long Care Program



NSwakamok Natíve Fríendshíp Centre

# Background

Consultations were held between the off-reserve Aboriginal community, Ministry of Community and Social services. Provisions were made to design and implement Aboriginal based life long care services for those elders who are frail, vulnerable, disabled, chronically ill, and at risk

The Ontario Federation of Indian Friendship Centres (OFIFC) and the province entered an agreement to provide life long care services through the friendship centres of

#### Ontario.

This agreement allows for the N'Swakamok Native Friendship Centre to deliver services under the life long care program. The N'Swakamok has two care support workers, to deliver these services.

# What is the Life Long Care Program?

Life long care is funded by the Ontario Ministry of Health and Long Term Care, through the Ontario Federation of Indian Friendship Centre's. Referrals are

made to the program and services intended for Aboriginal peoples who are in need of non- hospital based care.

Programs and Services are designated to meet the physical, mental, emotional and spiritual needs of people who require:

- ⇒ Care
- $\Rightarrow$  Support
- $\Rightarrow$  Information
- $\Rightarrow$  Service referrals
- $\Rightarrow$  Health education
- $\Rightarrow$  Support systems

### Services we offer

The goal of the Life Long Care Program is to identify and asses the needs of Aboriginal peoples within our urban community. The purpose of the program is to provide support and services so that you may live a full and independent life.

Congregate dining, Friendly visiting, Security reassurance/ checks, Aboriginal Support Services, Transportation

## Who is Eligible

Access to the program is available to Aboriginal members of our community who are frail, vulnerable, disabled, chronically ill, and at risk.

