

Background

The Ministry of Children, Community and Social Services promotes healthy Indigenous communities through the Indigenous Healing and Wellness Strategy.

The strategy combines traditional and mainstream programs and services to help improve Indigenous health and reduce family violence.

These community based programs and services are available to Indigenous people living on-reserve and in urban and rural communities.

The Indigenous Healthy Babies Program is administered through the Ontario Federation of Indigenous Friendship Centres.



OFIFC
Ontario Federation of
Indigenous Friendship Centres

For further information about the Indigenous Healthy Babies Program contact:

Ursula Abel

Indigenous Healthy Babies Worker

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N'Swakamok Native Friendship Centre

110 Elm Street

Sudbury, Ontario

P3C 1T5

Phone (705) 674-2128

Fax (705) 671-3539

Hours:

Monday to Friday

9:00 a.m. to 5:00 p.m.

Summer Hours:

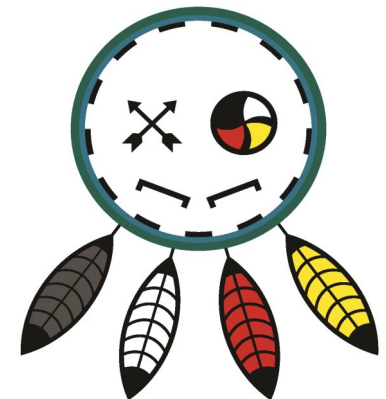
Monday to Friday

8:00 a.m. to 4:00 p.m.

Indigenous Healthy Babies Healthy Children Program



N'Swakamok Native Friendship Centre





A child's early years from before birth to age six are very important. Healthy babies are more likely to develop into healthy children, and healthy children are more likely to grow up to be healthy teenagers and healthy adults.

The Indigenous Healthy Babies Healthy Children program helps children get a healthy start in life in ways that honour and respect Indigenous culture and beliefs.



Program Goal and Objectives

The goal of the Indigenous Healthy Babies Program is to improve the quality of life for urban Indigenous families. The program does this by promoting optimal physical, cognitive, communicative and social development in Indigenous children prenatal to age six (6).

Referrals and Linkages

- Aboriginal Prenatal Nutrition Program
- Community Action Program for Children
- Healing and Wellness Program
- Alternative School
- Drug and Alcohol Program
- Court Workers (Family, Criminal)
- Indigenous Homeless and Housing Program



The Indigenous Healthy Babies Healthy Children program is:

- Free
- Voluntary
- Designed for Indigenous parents and their children

It is open to:

- Pregnant women
- Families with young children up to the age of six

The services provided are as follows:

- Home visits
- Hospital visits
- Support
- Referrals
- Community linkages

