

**KIZHAAY
ANISHNAABE NIIN
(I AM A KIND MAN)**

Uses the Seven Grandfather teachings as a guide to healthy living:

- **Nbwaakaawin:** To cherish knowledge is to know Wisdom.
- **Zaagidwin:** To know Love is to know peace.
- **Minaadendamowin:** To honour all creation is to have respect.
- **Aakdehewin:** Bravery is to face the foe with integrity.
- **Gwekwaadziwin:** Honesty is to practice fairness.
- **Dbaadendizim:** Humility is to know yourself as a sacred part of Creation.
- **Debwewin:** Truth is to know and live all of these things.

“A nation is not conquered until the hearts of its women are on the ground. Then its finished; no matter how brave its warriors or how strong their weapons.” Cheyenne Proverb

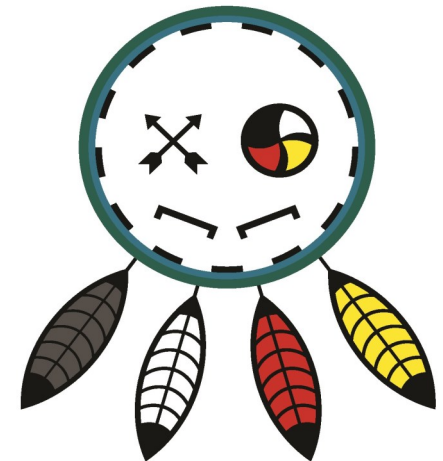
Kind Men **respect** and **honour** women
Kind Men **respect** and **honour** men
Kind Men **respect** and **honour** all that is Sacred

For more information contact

Jeffery Paul Niin Coordinator
N'Swakamok Native Friendship Centre
110 Elm Street
Sudbury, Ontario
P3C 1T5
Phone : (705) 674-2128 ext. 247
Fax: (705) 671-3539



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Is to reconnect men to their traditional and cultural duty as protectors of women and children and to live a Mino-Bimaadziwin

PROGRAM GOALS

The overall purpose of the Kizhaay Anishnaabe Niin program is to engage men in ending all forms of violence towards Aboriginal women.

PROGRAM OBJECTIVES

- Reclaim and revitalize men's responsibility to end violence towards Aboriginal women
- Ensure access to Aboriginal culture and values and increase understanding of traditional roles and responsibilities based on local Aboriginal knowledge
- Increase resilience by empowering men to acknowledge and resolve trauma
- Improve men's wellbeing and foster overall community wellness

"The woman is the foundation on which nations are built. She is the heart of her nation. If that heart is weak, the people are weak. If her heart is strong and her mind is clear, then the nation is strong and knows its purpose. The woman is the centre of everything." Late Elder Art Solomon

DIRECT SUPPORTS

- Provide culture-based men's programming that promotes healing, conflict resolution, skill building and alternative to violence
- Facilitate programming within correctional institutions and the provision of reintegration support for men and male youth involved in the justice system
- Encourage healthy, violence-free lifestyles through the provision of educational supports and the establishment of a supportive, peer-led learning environment.

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Is a supportive, holistic model for community healing and can be easily adapted to fit different communities' specific needs.

COORDINATION

- The coordination of local community events to promote Aboriginal men's roles in ending violence perpetrated against Aboriginal women and girls.
- Create opportunities for Aboriginal men and youth aged males to engage with Elders, Traditional people, cultural and land based activities as a component of programming.
- The referral of participants to appropriate counselling and treatment services in instances where mental illness and substance abuse are identified as issues of concern by the participant.
- Support the creation of healing circles, peer support networks and self-help processes to assist in men's healing, positive identity development, learning alternative approaches to child discipline and intimate partner conflict resolution strategies.

PROGRAM ACTIVITIES

- One to one supports
- Group based services
- Participant bases activities
- Networking and Partnership building activities
- Community Engagement Advocacy, support Justice related
- Individual/Family Support
- Referrals to other Friendship Centre